

Sing with Brie, Online Music Studio

Sabrina Zimmerman, Soprano

My teaching style.....

*I believe that singing can be not only incredibly enjoyable but also healing. It is through studying with my own teacher, that I have truly learned how to use singing as part of my own self-care practice, and this is something that I want to pass on to my own students/clients.

*I teach a whole-body approach to singing, incorporating what I have learned as well as what I am continuing to learn. This includes good posture, a strong focus on breath/core support and healthy airflow, a high tongue (think 'NG' position), the release of "bad tension", and active facial muscles. I do teach a classical technique, but this can be applied to any style or genre - you won't turn into an opera singer (unless you want to!).

*I incorporate the same tools with my students that I use in my own lessons - this may include hand gestures to help monitor airflow, resistance bands, or various exercises to help support the flow of air in a healthy and sustained way. I want to make sure that not only are my students learning proper, healthy technique but that they also have fun too! As my teacher told me, you won't need a gym membership during our lessons! 😊

*All of my lessons are custom-designed for each student, because I know that just as every voice is different, so too are its needs. I work with each student to ensure that their unique, authentic voice is treated with the love and care it deserves.

*I also teach how to use the techniques we singers use in our vocal practice as part of a self-care routine. We'll go over breathing exercises, body movements, mantras, and vocalises to help calm you down and release some stress and tension!

*Above all, I want every student or client, regardless of which type of class you are taking (voice lesson or music wellness) to feel safe, happy, confident, and stress-free! I want our time together to be enjoyable and relaxing and to be able to give you the tools you need to help you become the best, most confident singer or the most relaxed and tension-free version of yourself!

Brie xo